

# **THE KING JOHN SCHOOL**



## **SEX AND RELATIONSHIPS POLICY MARCH 2016**

**This policy will be reviewed in March 2020**

## SEX AND RELATIONSHIPS POLICY

<b>Changes</b>	<b>Approval</b>
New policy introduced in March 2013	Curriculum Policy March 2013

## **Objective**

The objective of sex and relationship education is to help and support young people through their physical, emotional and moral development. A successful programme, firmly embedded in Personal, Social, Health and Economic education (PSHE), will help young people learn to respect themselves and others and move with confidence from childhood through adolescence into adulthood.

## **Introduction**

Sex and Relationships Education within the school is seen as an integral part of the curriculum. Our overall aim is to provide sex and relationship education appropriate to the knowledge, understanding and needs of the student. Facts are presented in an objective and sensitive manner and are set within a clear framework of values and an awareness of the law on sexual behaviour. Throughout, our students are encouraged to appreciate the value of stable family life, marriage and the responsibilities of parenthood. Due cognisance is also paid to the changing nature of family units and gender roles both within the family and society.

Every effort is made to provide a trusting and enabling environment in which sensitive issues can be explored without embarrassment.

## **Delivery**

The PSHE framework will help pupils develop the skills and understanding they need to live confident, healthy and independent lives. It will play an important role, alongside other aspects of the curriculum and school life, in helping students to deal with difficult moral and social questions. The National Healthy Schools Standard will provide a useful and supportive framework for delivering sex and relationship education.

Sex and Relationship Education at the school will follow the national guidance and will contribute to the foundation of PSHE by ensuring that the programme for students embraces the following in a culturally sensitive way:

- Understanding and respect of their physical, social, intellectual and moral development and that of others so that students are able to make informed judgments about their lifestyles
- Relationships, love and care and the responsibilities of parenthood as well as sex
- Teaching the adoption of responsibility and the consequences of one's actions to sexual activity and parenthood
- Development of a caring and responsible attitude towards themselves and others
- Focuses on boys as much as girls
- Builds self esteem
- Gives young people a clear understanding of the arguments for delaying sexual activity and resisting pressure
- Links sex and relationship education with issues of peer pressure and other risk-taking behaviour such as drugs, smoking and alcohol
- Provides young people with skills that will enable them to cope with the problems of growing maturity and to resist pressure from peer groups or the media
- Awareness of current concerns and where appropriate provide them with information about support agencies

- Provides young people with information about different types of contraception, safe sex and how they can access local sources for further advice and treatment
- Ensures young people understand how the law applies to sexual relationships

Due regard is paid to the 1993 Education Act, particularly the parental right to withdraw their son/daughter from any or all of the school's sex and relationship education programme, other than those elements which are required by the National Curriculum Science Order.

### **Monitoring and Evaluation**

The Subject Leader for PSHE will monitor and evaluate the Sex and Relationship programme ensuring that:

- National guidance is followed
- Parents and carers are involved
- Staff are given appropriate training and support
- Students' views are listened to

## **Additional Information**

### **Equal Opportunities**

Students will not be withdrawn from any SRE lessons for learning support. Opportunities will be given, for any student, who may be absent from any aspect of the SRE modules to be given the relevant information.

### **Organisation of School Sex and Relationship Education**

- **Who will teach it**

SRE will be taught by teachers trained in PSHE. Training, advice and support will be provided by the school.

Occasionally, theatre groups & outside speakers may be invited into school. Staff are aware of the need for careful vetting of such productions. Similarly, any leaflets which may be issued to students are examined by the school before they are used. All visitors to the school abide by the school's policy.

- **Methodology and approach including explicitness and handling of controversial topics**

Ground rules are established at the start of any sensitive module; controversial issues are dealt with sensitively in line with other school policies.

- **Specific classroom arrangements**

Generally classes are taught in mixed ability and mixed gender groups; however, on occasions it may be appropriate to deliver a unit in a single sex environment.

- **Curriculum entitlement**

All students have an entitlement to sex and relationships education; students will not be withdrawn from these lessons to participate in any other activity.

Parents have the right to withdraw students from any aspect of the sex and relationship education programme except for that related to the national science curriculum.

- **Procedures for reviewing effectiveness of programme**

Student and staff feedback is monitored by the Subject Leader for PSHE.

- **Resources used and criteria for selection**

A variety of resources are available within the department, appropriate to the age being taught.

All resources are carefully vetted for their suitability before being used in the classroom.

### **Contraceptive advice, information and referrals of under 16's to health services (individually and in the classroom)**

Students are made aware of where they may obtain contraceptive advice.

### **Confidentiality (individually and in the classroom)**

All staff adhere to the confidentiality policies of the school.

### **Working with Parents/Carers**

Parents are invited to discuss any issues of concern or to view any resources used.